

Announcing the Family Medicine Chiefs!

We would like to recognize **Jessica Charles-LaRose MD**, **Garrett Fontaine MD**, and **Miriam Uduebor MD** for agreeing to serve as Maine-Dartmouth's newest chief residents. Please offer your support as they navigate their new roles.



Congratulating:

Miriam Uduebor MD, who was selected from a national pool of applicants to participate in the second cohort of the [Resident Scholars Program for Workforce Diversity](#) through the Center for Reproductive Health Education in Family Medicine (RHEDI).

FMR Class of 2025, for winning the survey competition by being the first class to complete both ACGME and internal surveys. Each resident in the class will receive a gift card.



Lara Householder DO for winning 2nd place in the case study category during the LBORC-NUFA Poster Presentation at AAO Convocation 2023 in Colorado Springs. **Jenna Martini DO** presented a case poster on OMM of chronic chest pain after trauma.

Save the Date!

June 6 2023 MDFMR Scholarly Activity Symposium
Colby College, Waterville

June 22 2023 Sports Medicine Fellowship Graduation
Parsonage House, Vassalboro

June 23 2023 Family Medicine Residency Graduation
Maple Hill Farm, Hallowell

July 13 2023 Geriatric Medicine Fellowship Graduation
Viles Arboretum, Augusta

July 15 2023 ONMM Residency Graduation *at the home of Dr. Veach*

Honduras 2023

Maine Dartmouth FMR has partnered with Shoulder to Shoulder to deliver primary care in rural Honduras annually since 2015 (excepting two COVID years). The 2023 Honduras medical brigade will take place Tuesday 5/16 (late Monday 5/15 departure from Maine, flight out 5/16) to Thursday 5/26. **Wayne Henry MD** & **Miriam Uduebor MD** are the residents attending this year, and will be joined by faculty member **Julia McDonald DO**, alum **Rose Knudsen MD**, and medical assistants **Nancy Poulin** and **Paula Small**. The team is accepting donations of over the counter medications, TOOTHBRUSHES (not toothpaste), and eyeglasses (reading/sun), as well as NONEXPIRED common medications. Please contact **Julia McDonald** if you would like to make a contribution.

New! DEI OSCEs

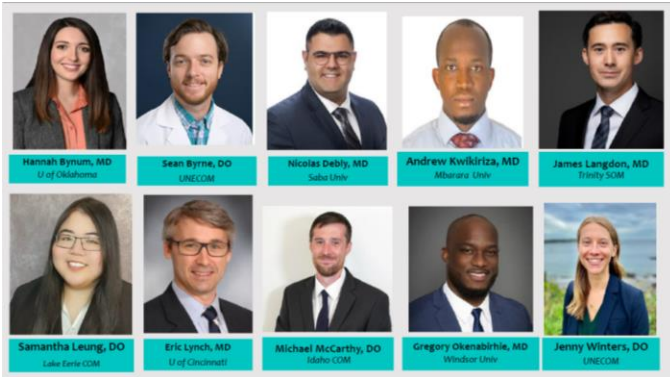
Announcing the launch of MDFMR's first simulation, case-based DEI OSCEs for our FM residents on April 18! In three hours (between 2-5pm), 21 residents will be supported as they rotate (in teams) through three scenarios with standardized patients. There will be a faculty facilitator for each of the six rooms who will be given the scenario set up and instructions on how to guide the debrief after each scenario. Thank you to **Dr. Nwanna-Nzewunwa** and **Dr. McDonald** for their leadership in structuring these OSCEs.

New Faculty Search Process

We will be developing a new process for recruiting family medicine faculty. Our goal is to implement best practices in order to recruit and retain a diverse team. If you are interested in participating on the inaugural faculty search committee, contact **Jaew Henry**. All are welcome to volunteer.

Recruitment News

Please welcome MDFMR's family medicine residency Class of 2026!



Nadya Plante

Nadya joined MDFMR's admin staff in February in the role of academic assistant. Nadya was the office manager at the Kennebec Montessori School for a number of years and most recently worked in the business office for the Fairfield public school district. Nadya was attracted to MDFMR by the opportunity to work with a variety of people and have diverse responsibilities.

Angela Wo MD

Dr. Wo will be joining MDFMR Dermatology on May 30. Dr. Wo completed a residency in family medicine, a fellowship in women's health, and a fellowship in dermatology. Dr. Wo is dually boarded in family medicine and derm and has most recently practiced dermatology in Albuquerque NM.

Kate Dorsey-Bernstein FNP

Registered nurse Kate Dorsey-Bernstein will join FMI on July 24 after completing nurse practitioner studies at Rivier University in Nashua NH. Kate is currently rotating at FMI and has had several years of clinical nursing experience in critical care and cardiac telemetry.

Brett Powers MD

Dr. Powers will join FMI in August. Dr. Powers completed family medicine residency at Maine Medical Center and participated in longitudinal elective training in abortion care and diversity initiatives. Dr. Powers currently practices family medicine at Seaport Community Health Center in Belfast.

If you have content for future newsletters, please email Kate Hoffmann with "For Newsletter" in the subject line.

Upcoming Events

Ironman 70.3 Maine, Augusta ME



Ironman 70.3 Maine will take place Sunday July 30 2023. A

pre-race medical meeting will be held Sat July 29. The event is expanding this year to include professional triathletes, and will be televised and designated a site for Northeast Regional Championships. Volunteers will be needed — sign up [HERE](#). The local medical director for 2023 is Tom Hoke MD. General information [HERE](#).
(photo credit Jon Karnes MD)

Sports Med Fellowship Conferences

- American Medical Society for Sports Medicine 32nd annual meeting Apr 28-May 3, Phoenix AZ (Sports fellows Rushal Patel MD and Stephen Takasaki DO had abstracts accepted for case poster presentation; FM resident Kevin Connolly DO had abstract accepted for research poster presentation)
- American College of Sports Medicine 2023 annual meeting May 30-June 2, Denver CO (Sports fellows Rushal Patel MD and Stephen Takasaki DO had abstracts selected for podium presentation)

Geriatric Medicine Fellowship Conferences

- Dirigo Geriatrics Society Spring Meeting Tues Apr 11 in Portland ME
- Maine Medical Center Geriatrics Day Wed Apr 12 in Portland ME
- American Geriatrics Society Annual Scientific Meeting, May 3 - 6, Long Beach CA (Geri fellow Lisa Smith DO had abstract accepted for presidential poster session)

Thank you!

To everyone who made the March 7 Northern District Educational Program (NEOMEN) a huge success! Special thanks to [Drs. Moss, Harmon & Diefenderfer](#), [Tara Thomas](#), and to [Bre Glynn DO](#), who presented "Osteopathic Approach to the Wounded Patient" as her ONMM scholarly project.