

Friday Feb 24 Is Thank a Resident Day



This is a special annual day led by the Gold Humanism Honor Society to recognize resident physicians and celebrate their invaluable contribution to humanistic care. To honor our

family medicine residents this year, the residency will be purchasing white coats for all residents.



Revival of the 4:45!

After a long absence, the tradition of 4:45 conferences will return Feb 27. For many years, 4:45 was an end of day debrief and a highlight of the Maine-Dartmouth experience. As in the past, it will be a time to get together with no set agenda for informal discussion on any topic. Join when you can from wherever you are, to share or simply listen. All welcome regardless of role. To be held every Mon, Wed, & Thurs, at.... 4:45!



Save the Date!

MDFMR will celebrate its 50th anniversary on Saturday, Sept 30, 2023 with food and drink at Maple

Hill Farm in Hallowell. Details to follow.

Upcoming Events

- March 7, hosting Northern District Educational Program for Northeast Osteopathic Medical Education Network
- March 17, family medicine match
- May 16 – 26, medical brigade to Honduras
- June 6, MDFMR Scholarly Activity Symposium
- June 19, FM class of 2026 arrival
- June 23, FM class of 2023 graduation
- July 30, Ironman Triathlon in Augusta

Grant Funded Work



MERGE COLLABORATIVE: MDFMR is participating in the new MERGE Collaborative (an acronym for Maine Rural GME Education) with the other three graduate medical education

Sponsoring Institutions in Maine (MaineHealth, CMMC, Northern Light). We are seeking a lead faculty member and 2 residents with passion for rural medicine to represent MDFMR in monthly meetings. The overall goals are to develop new shared rural rotations, a rural GME curriculum and a faculty development strategy, and a collaborative learning platform for curating shared resources. This work is being funded through a Maine Healthcare Workforce Initiative grant award from the State of Maine to MaineHealth.

CONY SCHOOL BASED HEALTH CENTER: Maine DOE and DHHS awarded grant funding for expansion of the Cony School Based Health Center (SBHC). MDFMR is providing clinical care and medical director oversight; MGMC is providing infrastructure to include EHR, scheduling and billing, and emergency care when school is not in session; and Kennebec Behavioral Health is partnering for behavioral health services. This is an education opportunity for family medicine residents on their peds/adolescents rotation and a chance to diversify MDFMR APP roles similar to the SBHC coverage we provide at Maranacook.

Physician's Day at the Legislature



MDFMR was represented at Physician's Day at the Legislature by Barbara Moss DO and John Diefenderfer DO. They met with grads, legislative reps, and colleagues from MAFP, MOA and MaineGeneral.

Recruitment Achievements

NEW FACULTY HIRES:

Dermatologist: Angela Wo, MD (May start)
FMI Nurse Practitioner: Kate Dorsey-Bernstein (July start)

CONGRATULATIONS TO OUR THIRD YEAR RESIDENTS ON MATCHING INTO ADVANCED TRAINING PROGRAMS!

Kevin Connolly DO: MDFMR Sports Medicine Fellowship
Crissandra Digges DO: MDFMR ONMM Residency
Holly Gwozdz DO: MDFMR ONMM Residency
Wayne Henry MD: West Virginia University Rural Maternal Child Health Fellowship
Tom Pentzer DO: MDFMR ONMM Residency

CONGRATULATIONS TO OUR PROGRAMS FOR ANOTHER GREAT RECRUITMENT SEASON!

Sports Medicine Fellowship:

Kevin Connolly DO and James Poulin MD (July start)

ONMM Residency:

Crissandra Digges DO, Holly Gwozdz DO, Alecia Lentz DO, Tom Pentzer DO (July start)

Available Positions



Ever Consider Pursuing Fellowship in Geriatric Medicine?

Maine-Dartmouth's Geriatric Medicine Fellowship is still accepting applications for the 2023-24 academic year! Opportunities for

both full time and part time fellowship are available. If interested or for more information, contact Program Director Dr. Rebecca Spear. PLEASE SHARE! More info on MDFMR's website.

OPEN FACULTY POSITIONS:

MDFMR is seeking the following: Two full spectrum FM physicians (one at FMI and one at MDFP), one APP (at FMI), one geriatrics NP, and one dermatologist. See our website for more information.

An Invitation from FMEC



The Family Medicine Education Consortium (FMEC) is seeking residency representatives to participate on the Host

Committee for the 2023 Annual Meeting, scheduled to take place October 13-15 at the Rhode Island Convention Center in Providence, RI. Reach out to MDFMR faculty member Caroline LaFave DO if you are interested.

The Host Committee **determines the conference theme, selects plenary speakers, and helps with fundraising by engaging companies and health systems in the area to participate, exhibit, and sponsor the meeting.** Monthly one hour virtual meetings of Host Committee members will start in Feb.

Next Integrative Shared Medical Appointments Start April 27!



Patients will meet weekly for 6 weeks with Dr. Alyssa Finn and Chef Ben Ramsdell, in a group of 6-8. Location is the teaching kitchen at ACH, time is

Thursdays 2:30 – 4:30. The appointments focus on lifestyle changes, nutrition, Mediterranean style / plant-based eating and cooking meals together, mindfulness practice, mindful eating, healthy sleep practices, and meal planning. It is billed as a medical appointment, so patients can use sick time from work if necessary. Please remember to offer this shared appointment to your patients and task Dr. Finn with interested patients to facilitate their registration.

If you have content for future newsletters, please email Dr. Kate Hoffmann with "For Newsletter" in the subject line.

