

# MAINE-DARTMOUTH NEWS

A newsletter brought to you by Maine-Dartmouth Family Medicine Residency

April 2024

# Congratulations!

To our Class of 2027:



To Julia McDonald DO, MPH for induction into the Maine Women's Hall of Fame. The MWHoF honors lifetime achievement for mid- to late-career women. The induction ceremony was hosted by UMaine and held on International Women's Day Friday, March 8.

To Greg Feero MD, PhD, lead author on an important editorial published in March in JAMA, Genetics in Medicine, American Journal of Human Genetics, Human Genetics and Genomics Advances, and Nature Genetics. The authors offer guidance on how researchers should use race, ethnicity, and ancestry classification in genetics and genomics research publications to support implementation of recommendations for using population descriptors in genetics & genomics research.

To residents accepted into advanced training programs: Katherine Badger MD: addiction med fellowship, MMC Emeka Esomonu MD, MPH: OBGYN Residency, MMC Megan Franzetti DO, MPH: Berkshire Health Systems ONMM3 Residency

Alivia Spicer DO: MGMC ER Fellowship Miriam Uduebor MD, MPH: MDFMR Geri Fellowship

To Marya Goettsche Spurling MD for selection to Maine Academy of Family Physicians Board of Directors; Jill Freda for selection to the Leadership Council of the American Geriatrics Education Administrator-Coordinator Team (AGE-ACT); Drew Freedman DO for selection as the MOA Resident Board Representative.

# Welcoming our new family medicine Chiefs!

We would like to recognize Lucy Algeo DO, Ace Madjlesi MD, and Lauren Struck MD for agreeing to serve as Maine-Dartmouth's newest chief residents. Please offer your support as they navigate their new roles.







#### **Foot Care Clinic at LINC**

With leadership from PGY2 resident Ace Madjlesi MD,



MDFMR first year residents spent time during the Thinking Broadly block at the LINC Wellness & Recovery Center in Augusta, providing

foot care to unhoused community members. The project arose from Ace's work during her community medicine experience.

#### **MERGE Collaborative News – Rural Electives**



There are lots of amazing rural training opportunities for residents to choose from when planning elective experiences! MERGE now offers 31 electives across 13 disciplines, in every rural region of Maine. MERGE can even support

learners in finding housing for rural sites where on-site housing is not available. To view options or register, go to <a href="https://mergecollaborative.org/">https://mergecollaborative.org/</a>

# **Faculty Recruitment News**

Please extend a warm welcome back to Scott Lowman DO who started on April 8. We are currently recruiting:

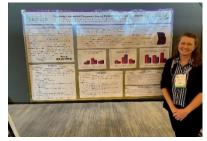
- Dermatologist, Maine Dartmouth Dermatology
- o APP, Four Seasons
- ONMM faculty, MDCCC
- Family medicine hospitalist

# **Honduras Brigade 2024: Donations Wanted!**

Please donate your non-expired over the counter medications, reading glasses (i.e. from Dollar Store), sunglasses, & toothbrushes! Due to new customs restrictions, the group can no longer take prescription medications and is fundraising to buy them in country. Venmo options are @Jenny-Pisculli or @Julia-McDonald-41 — checks or cold hard cash happily accepted. Everything goes directly to patients; what isn't used during the trip is left with local health centers.

# **Family Medicine Scholarship**

FM resident Mike McCarthy DO is presenting Supraspinatus tear in suspected labral pathology highlights importance of POCUS in clinical decision making at the podium during the 2024 American College of Sports Medicine meeting in Boston. Kelley Harmon DO disseminated preliminary findings



from her research on unintended pregnancy in patients with opioid use disorder at the American Society of Addiction Medicine's

annual conference, held in early April in Grapevine, TX. Cheryl Seymour MD will deliver a Maine Rural Healthcare Education Grand Rounds talk on structural competency and migrant farmworker health May 10, 12:00 – 12:45 on Teams:

http://bit.ly/Maine Rural Healthcare Education

#### **Geriatric Medicine News**

The Geriatric Medicine Fellowship is pleased to welcome Kaleigh Roy FNP to their team. Kaleigh is a Maine native with a background in medical surgical nursing and has most recently worked in Montana, where she provided primary care, detox, and addiction medicine services for a non-profit organization.

# **ONMM3 Residency News**

Resident Tom Pentzer DO is working with the FDM (Fascial Distortion Model) Academy to coordinate a two day FDM Module 3 course, to be held at MaineGeneral's ACH May 18 & 19. The course instructor is nationally renowned FDM expert Todd Capistrant DO; content will focus on the head, TMJ, and extremities. A virtual introduction will be available two weeks before the course. MDFMR residents will receive a registration discount. Contact Tom Pentzer for more information.

# **Sports Medicine News**

Sports med fellows and faculty traveled to Baltimore in mid-April for the 33<sup>rd</sup> annual AMSSM meeting, and will travel to Boston in late May for the 2024 ACSM Annual Meeting – fellows have presentations at both conferences:

### James Poulin MD:

- AMSSM: Kids Say the Darndest Things: An Uncommon Knee Injury in a High School Athlete (poster)
- ACSM: Knee Pain-Softball Player (podium)

# **Kevin Connolly DO:**

 AMSSM - Patella Alterations in an International Soccer Player (poster)

Liz Rothe MD contributed to ACSM's Sports Medicine Essentials course, offered online with optional half-day session in Boston after ACSM national conference. <a href="https://www.acsm.org/meetings/sports-medicine-essentials">https://www.acsm.org/meetings/sports-medicine-essentials</a> Geared towards sports med and MSK care for outpatient providers, the course has great speakers.

#### Save the Date!

May 7 – 11, 2024: American Geriatric Society Annual Scientific Meeting, *virtual* 

May 10, 2024: Maine Rural Healthcare Education Grand Rounds with Cheryl Seymour MD, *virtual* 

May 13 – 23, 2024: MDFMR Honduras medical brigade with Shoulder to Shoulder, *Intibucá Honduras* 

May 18 – 19, 2024: FDM Module 3 course, *Augusta ME* May 23 – 24, 2024: Maine Geriatrics Conference, *Bar Harbor ME* 

June 4, 2024: MDFMR Scholarly Symposium, *ACH* June 14-16, 2024: MOA 113th Annual Convention, *Rockport ME* 

June 25, 2024: FM Sr. Orientation, *K. Hoffmann's house* June 25, 2024: MDFMR community dinner, *K. Hoffmann's house*